



## February Nurse's Notes

### **COVID - STREP - FLU - STOMACH BUG are visiting CCS!**

Please remember to keep your student(s) home until they meet the requirements to return. See the links for more information.

[CDC - Flu](#) [CDC - Strep](#) [CDC - COVID](#) [CDC - Norovirus](#)

### **Immunization and School Entrance Health Forms**

Students enrolling in **Kindergarten** need to have a [Commonwealth of Virginia School Entrance Health form](#). Physicals, including updated immunizations, must have been **on or after August 20th, 2023**. Please **submit the entire document**. This form should not require an additional doctor's visit if they have been seen within this time frame. Many doctor's offices get busy over the summer with form requests, please ask for this as soon as possible. Your child **CAN NOT** attend school until these papers are provided and are reviewed by the school nurse. Feel free to start sending them in from now.

**Rising 7th grade students** must provide updated immunization forms showing that they have received a Tetanus, diphtheria, pertussis vaccine (Tdap) and the 1st Meningococcal (MenACWY) vaccine. HPV vaccine is recommended but not required by the Catholic Diocese of Richmond. A formal letter will be sent later this year. As stated above, students **WILL NOT** be allowed to start school without the appropriate immunization records. Please start sending them in from now.

### **Scoliosis Letter**

Scoliosis information was sent out to families of 5th - 8th grade students on 1/30/24. This content is for educational awareness purposes. Screenings will not occur here at school, but should be done at your child's regular pediatrician visits. Do not hesitate to contact me with any questions regarding scoliosis.



## **Eating Disorder Letter**

Information regarding eating disorders was sent to families of 5th - 8th grade students on 2/12/24. This content is for educational awareness purposes. If you have any concerns about your child, please schedule an appointment with their doctor. Do not hesitate to contact me with any questions regarding eating disorders.



## **Injuries with Activity Restrictions**

Please remember that if your child suffers an injury that requires activities restrictions, CCS needs a medical note outlining restrictions. We also require follow up stating when restrictions are either modified or removed.

## **Reminder about Clinic Visit Notes**

When your child visits the nurse, you may receive a phone call, paper note or email communication. Typically, paper notes are the preferred method of communication for grades JK-5. These notes would be located in the homework folders. Please remember to check your child's folder.

If at any time you have questions or concerns, please reach out to me directly at [s.queheillalt@cvillecatholic.org](mailto:s.queheillalt@cvillecatholic.org) or 434-964-0400.